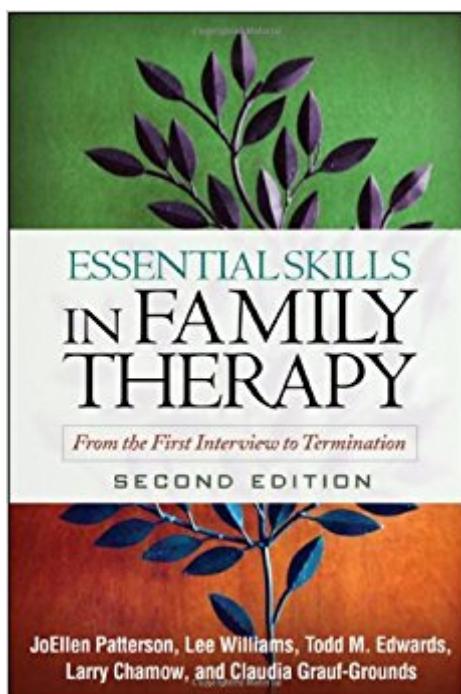


The book was found

# Essential Skills In Family Therapy: From The First Interview To Termination, 2nd Edition



## Synopsis

Readable and concise yet immensely informative, this bestselling text prepares students and new therapists to work confidently and effectively in real-world clinical practice with families. The authors offer wise and compassionate guidance on everything from intake and assessment to treatment planning, the nuts and bolts of specific interventions, the nuances of establishing therapeutic relationships, and how to troubleshoot when treatment gets âœstuck. • They help the novice clinician navigate typical dilemmas and concerns, and spell out the basics of therapist self-care. Vivid case examples, sample forms, and quick-reference tables enhance the utility of the text. New to This Edition \*Updated throughout to reflect current clinical findings and practices. \*Many new or revised case examples. \*Now more integrative--shows how to flexibly draw on multiple theories and techniques. \*New topics, including "Dealing with Clients We Dislike." See also the authors' Essential Assessment Skills for Couple and Family Therapists, which shows how to weave assessment into all phases of therapy, and Clinician's Guide to Research Methods in Family Therapy.

## Book Information

Hardcover: 286 pages

Publisher: The Guilford Press; 2nd edition (July 21, 2009)

Language: English

ISBN-10: 160623305X

ISBN-13: 978-1606233054

Product Dimensions: 9.1 x 6.2 x 1.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 42 customer reviews

Best Sellers Rank: #15,039 in Books (See Top 100 in Books) #7 in Books > Religion & Spirituality > Religious Studies > Counseling #41 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Psychiatry #50 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry

## Customer Reviews

"This book is every beginning family therapist's bible. The second edition updates the family therapy knowledge base and presents the essential skills needed for clinical success. It makes complex theory easy to grasp and the related techniques easy to implement. I enthusiastically recommend this excellent text."--Susan H. McDaniel, PhD, The Dr. Laurie Sands Distinguished Professor of Families and Health and Director, Institute for the Family, University of Rochester

Medical Center"An indispensable resource for clinicians interested in the basic operations of doing family therapy. The book's integrative framework blends clinical expertise with evidence-based practice and the characteristics, preferences, and context of the family. This second edition offers invaluable practical resources at the end of each chapter. For example, the assessment chapter concludes with useful guides that range from general assessment to the specifics of evaluating suicide risk, substance abuse, and mental status, as well as the parameters for holistic and spiritual assessment. Your students will be forever grateful for this book. This splendid second edition raises the bar on introductory texts for graduate-level courses in family therapy."--Guillermo Bernal, PhD, Director, Institute for Psychological Research, University of Puerto Rico "Essential Skills in Family Therapy is packed full of the information that beginning family therapists want to know once they actually start seeing clients. This impressive second edition has been enhanced even further with updates and the addition of new topics of vital clinical importance. It is an unparalleled 'almanac' of clinical issues for new family therapists, especially those practicing in a context of multidisciplinary collaboration. My recommendation of this book to our trainees now will be even stronger!"--Wayne H. Denton, MD, PhD, Director, Family Studies Center, University of Texas Southwestern Medical Center at Dallas "Patterson et al. provide exactly the kind of hands-on, 'what-to-do' guidance that every beginning family therapist needs. Even better than the original text, the second edition succinctly covers all the most important topics in family therapy practice from a broad perspective that fits well with nearly any theoretical orientation. Nicely organized, the book takes the reader from before the first session through assessment, treatment planning, intervention, and termination. It also provides guidance about such specific topics as couple therapy and working with families in the context of individual difficulties. This is the best available book of its kind for the beginning family therapist, and should be a core text for introductory graduate classes."--Jay Lebow, PhD, The Family Institute at Northwestern University"A perennial favorite, *Essential Skills in Family Therapy* provides real world skills to students for their first session and beyond. This is one of the few textbooks my students take to their field placements and refer to again and again."--Diane R. Gehart, PhD, Marriage and Family Therapy Program, California State University, Northridge "I found *Essential Skills in Family Therapy* to be an extremely useful supplemental text for the doctoral students in my combined master's-doctoral level *Introduction to Family Counseling* course. These students were already actively engaged in working with clients and the text provided an overview of clinical issues they might be facing. I recommend it as a complete 'hands-on' guide for the beginning family therapist."--Lydia B. Smith, PhD, Counseling Department, University of North Carolina at Charlotte"As a teacher and supervisor of marriage and family therapy, I consider this my

essential text for encouraging and nourishing the developing skills of our graduate students. The text not only normalizes beginning-therapist anxiety, but it is also a vehicle for growth and self-awareness, both in the classroom and in group supervision. Every student of family therapy should read this book as part of their training."--Kristina S. Brown, PhD, LMFT, Marriage and Family Therapy Program, The School of Professional Psychology at Forest Institute"A very rich and practical volume for students and beginning therapists. I imagine it helps many to overcome initial problems. The outline is very clear and helpful to get a better grasp at the practice of therapy....A very practical and useful book for beginners and essential for every course on therapy in general and family therapy in particular." (Journal for the Study of Marriage and Spirituality 2009-07-23)

JoEllen Patterson, PhD, is Professor of Marital and Family Therapy at the University of San Diego and Associate Clinical Professor in the Department of Family and Preventive Medicine and the Department of Psychiatry at the University of California, San Diego. Â Lee Williams, PhD, is Professor of Marital and Family Therapy at the University of San Diego and does couple therapy with veterans at the VA San Diego Medical Center.Â Todd M. Edwards, PhD, is Associate Professor and Director of the Marital and Family Therapy Program at the University of San Diego and Assistant Clinical Professor in the Department of Family and Preventive Medicine at the University of California, San Diego. Â Larry Chamow, PhD, is Clinical Professor of Marital and Family Therapy at the University of San Diego and is in full-time private practice at the Pacific Family Institute in Carlsbad, California.Â Claudia Grauf-Grounds, PhD, is Professor and Chair of Marriage and Family Therapy at Seattle Pacific University and a clinical faculty member at the University of Washington School of Medicine.

A+ Fast delivery, packed well, book in excellent condition. Also, I loved this book! I needed it for a class and usually after a class I end up selling the book (almost immediately!). Not this one! It's a keeper - simple to read yet packed with valuable information!

Used this as text in MSW family therapy class. Easy to read with a good overview of therapy techniques. Does not really cover family modalities or theories.

I needed this for a class. It is well written and lots of information to help with family therapy matters. I will keep it for future use.

I appreciate the content of this book as I complete Master's classes in counseling.

Although I am not quite finished this book, it has helped me decrease my anxiety as a beginning family therapist. It gives some insight on where to begin as a family therapist and skills that you can utilize. It gives input on treatment plans, assessment, and other valuable information. I recommend this book for beginning practitioner.

The pages are not meant to be highlighted, it seeps through. I ended up using a pencil which worked great. Otherwise great book.

Well written, easy to follow. Helps you to put together all the theories and knowledge you acquire while going through college. A must read for us, beginner therapists!

This book is a required reading for my practicum and internship class in Marriage and Family therapy, but it's an excellent book to help new therapists understand the realities of therapy. It breaks down the models and interventions that I've been learning about for 3 years into practical applications for working with real clients. It also explains creating treatment plans and writing process that are a necessity in the field.

[Download to continue reading...](#)

Essential Skills in Family Therapy, Second Edition: From the First Interview to Termination (The Guilford Family Therapy Series) Interview: The Art of the Interview: The Perfect Answers to Every Interview Question (Interview Questions and Answers, Interviewing, Resume, Interview Tips, Motivational Interviewing, Job Interview) Essential Skills in Family Therapy: From the First Interview to Termination, 2nd Edition Interview skills: In just 24hrs learn how to score big in any interview - Complete guide to mastering every interview questions and answers Job Interview: Land Your Dream Job by Conquering Your next Job Interview by Answering 50 Tough Job Interview Questions and Maximizing Your Resume and Cover Letter Your First Interview: A Guide to Your First Interview and How to Succeed at it (Yep Book 1) The Medical Interview: Mastering Skills for Clinical Practice (Medical Interview) Essential Assessment Skills for Couple and Family Therapists (The Guilford Family Therapy Series) Speech Therapy for Kids : Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials) Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 7e (Occupational Therapy Skills for Physical Dysfunction (Pedretti)) Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 6e (Occupational Therapy

Skills for Physical Dysfunction (Pedretti)) Re-Visioning Family Therapy, Second Edition: Race, Culture, and Gender in Clinical Practice (Revisioning Family Therapy: Race, Culture, & Gender in Families Change: A Book for Children Experiencing Termination of Parental Rights (Kids Are Important Series) 101 Sample Write-Ups for Documenting Employee Performance Problems: A Guide to Progressive Discipline & Termination The Life and Travels of Mungo Park: With the Account of His Death from the Journal of Isaac, the Substance of the Later Discoveries Relative to His Lamented Fate, and the Termination of the Niger Termination Orders Ayn Rand: The Playboy Interview (Singles Classic) (50 Years of the Playboy Interview) How to Answer Interview Questions: 101 Tough Interview Questions Interview Answers in a Flash: More than 200 flash card-style questions and answers to prepare you for that all-important job interview! The Art of the Interview: The Perfect Answers to Every Interview Question

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)